

# **ROBERT E. MONOKIAN, D.C., DACBSP, FICC**

## **EDUCATION / CERTIFICATIONS**

1999-present U. S. Virgin Island Chiropractic license  
1994 Diplomate of the American Chiropractic Board of Sports Physicians  
1990 Certified Personal Trainer - National Academy of Sports Medicine  
1987 Certified Instructor - Volunteer Coaches Safety Orientation Program - Rutgers University  
1983-84 Certified Chiropractic Sports Physician - American Chiropractic Association  
1979 New Jersey Chiropractic license  
1979 Certified in Applied Kinesiology  
1975-78 Doctorate of Chiropractic - Logan College of Chiropractic  
1970-74 B.A. (accounting)- Catawba College  
1966-70 Cherry Hill High School West

## **POSITIONS HELD**

2016 Hall of Fame Award – NJ Chiropractic Council On Sports Injuries and Rehabilitation  
2015-present VI Equicare PPO Advisor to board  
2015- present US Virgin Islands Board of Examiners Secretary  
  
2005-2006 Elected Vice President of US Virgin Islands Chiropractic Society  
2005-present Private practice-Dr. Robert Monokian's Office, Christiansted, VI  
1995 Team Chiropractor - U.S. Olympic Team at Olympic Festival in Colorado  
1994 Chiropractor - U.S. Olympic Training Center in Colorado Springs (Four Chiropractors chosen a year for 2 week intern)  
1991 Team Physician - U.S. Virgin Island Team - Pan American Games in Cuba  
1990 Team Physician - U.S. Virgin Island Team - Central American Games in Mexico City  
1990-93 Team Chiropractic Physician - Coors Lite Bicycling Team - Corestates Race in Philadelphia  
1984 Company Doctor - Zone Dance Company  
1982-85 Trainer - Cherry Hill High School East - Fall Sports Program  
1982-83 Company Doctor - Diane Hull's Dance Company  
1981 Trainer - Cherry Hill High School West - Fall Sports Program  
1979 Trainer – Rutgers University - Camden NJ  
1978-1999 Private practice - Health Goals Chiropractic Center, Marlton, NJ

## **PROFESSIONAL POSITIONS / AWARDS**

2001-2006 Appointed to American Chiropractic Association's Wellness Committee  
  
1999–2005 Consultant to Rehabilitation @ Beeston Hill and VI Family Sports and Fitness Ctr.  
1999– 2004 Consultant to Health Goals Chiropractic in Marlton New Jersey  
1999 Instructor for A4M – Anti-Aging certification course, NY Chiropractic College  
1998 Fellowship - International College of Chiropractic (F.I.C.C.)  
1997 Past President - American Chiropractic Association's (ACA) Council on Sports Injuries and Physical Fitness  
1996 "Chiropractic Sports Physician of the Year" - ACA Council on Sports Injuries and Physical Fitness  
1995 Liaison - between ACA Council on Sports Injuries and Physical Fitness and the Federation Internationale de Chiropractique Sportive (FICS)  
1995 Liaison - for both the ACA and the ACA Council on Sports Injuries and Physical Fitness to the National Coalition for Promoting Physical Activity – organized by CDC, Heart Assoc. and ACSM  
1995-96 President - ACA Council on Sports Injuries and Physical Fitness  
1993-pres Post Graduate Instructor - N.Y. Chiropractic College Sports Injury Certification and Diplomat Programs on the topic of Fitness Evaluation and Exercise Prescriptions  
1993-95 1st Vice President - ACA Council on Sports Injuries and Physical Fitness  
1991-93 Treasurer - ACA Council on Sports Injuries and Physical Fitness  
1991-95 New Jersey Governor's Council on Physical Fitness and Sports - Appointed by Governor Jim Florio  
1990-91 Secretary - ACA Council on Sports Injuries and Physical Fitness  
1990 Co-Chairman - New Jersey Chiropractic Society Sports Council  
1989 Elected to the rank of Full Member of the International Federation of Sports Chiropractic  
1987-99 Organizer of, and Instructor for Coaches Safety Orientation Course

## **Membership**

American Chiropractic Association  
USVI Chiropractic Association  
ACA Sports Council  
International Foundation for Nutrition and Health  
ACA Nutrition Council

**SEMINARS ATTENDED - Partial List**

1998	Anti Aging	1991	Assessment and Evaluation of Injured Athlete Team Physician Course - Part III (completed final part of course) - American College of Sports Medicine - Orlando, FL
1998	Athletic Taping and Exercise Techniques - ACA Sports Council	1991	Impairment Rating Seminar - Dr. Stanley Kaplan
1998	ACA Sports Injuries Council Seminar - Dallas, TX	1990	Team Physician Course - Part II - American College of Sports Medicine - Phoenix, AZ
1997	ACA Sports Injuries Council Seminar-Los Angeles, CA	1991	ACA Sports Injuries Council Seminar - San Diego, CA
1996	ACA Sports Injuries Council Seminar - Atlanta, GA	1990	Diplomate program in Neurology - New York Chiropractic College - Neuro 1 - The Neuron, Neuro 2 - The Receptors
1994	Active Release Technique (ART) Certification Course - Part I and II - Lake Hiawatha, NJ	1990	ACA Sports Injuries Council Seminar -Orlando, FL
1994	ACA Sports Injuries Council Seminar - Hilton Head, SC	1989	Applied Spinal Biomechanical Engineering - Lateral, Cervical
1993	ACA Sports Injuries Council Seminar - Santa Barbara,CA	1989	Chain-Reaction Seminar - Gary Grey, P.T., A.T.C.
1993	Sports Safety for the 90's - Coaches Certification Course - N.J. Governor's Council on Physical Fitness & Sports - Rutherford, NJ	1989	Team Physician Course - Part I - American College of Sports Medicine - Lake Buena Vista, FL
1993	Diplomate Program in Chiropractic Sports Injury: Session XVIII: Multidisciplinary Aspects of Sports Medicine, Medico-Legal Aspects of the Sports Practitioner	1988	United States Olympic Committee's Caribbean Conference on Sports Medicine - Colorado Springs Olympic Training Center
	Session XVII: Sports, Drugs and Pharmacology, Thermographic Applications in Sports	1988	Spinal Impairment/Disability Evaluation Seminar - Dr. Mazion
	Session XVI: Sports Specific Biomechanics, The Differently Abled Athlete, Geriatrics in Sports and Fitness, The Female Athlete	1988	Joint Motion Study Research Society - Atlanta, GA
	Session XV: Sports Specific Biomechanics, Stress Management and the Athlete	1988	Course to Teach - Volunteer Coaches Certification Program - Rutgers University - Philadelphia, PA
	Session XIV: Advanced Emergency Procedures, Sports Physical Therapy, Electrodiagnostics	1988	Applied Spinal Biomechanical Engineering - A-P Dorsals
	Session XIII: Diagnostic Imaging, Sports Nutrition and Biochemistry	1987	Garden State Sports Medicine Symposium - The Institute For Medicine in Sports and The American College of Sports Medicine
1992	Diplomate Program in Chiropractic Sports Injury: Session XII: Sports and the Cervical Spine, Cranial Injuries, Sports Dentistry, Sports Vision	1987	The Links Between The Nervous System And The Body Chemistry - Dr. Walter Schmitt (40 Hours)
	Session XI: Manual Therapy and Peripheral Joints, Soft Tissue and Manipulation	1987	Applied Spinal Biomechanical Engineering - A-P Lumbar
	Session X: Comprehensive Rehabilitation	1987	Applied Spinal Biomechanical Engineering - Clinical Biomechanics of the Spine
	Session IX: Advanced Exercise Physiology, Strength and Conditioning, Fitness/Health Lifestyles	1987	U.S.A. Chiropractic Seminar
	Session VIII: Athletic Training, Taping, Coaching Principals	1987	ACA Sports Injuries Council Seminar Meadowlands, NJ
	Session VII: Sports Specific Biomechanics	1986	ACA Sports Injuries Council Seminar -Boston, MA
	Session VI: Sports Psychology, Stress Management, Pediatrics and Sports	1986	Spine Seminar - Motion Palpation Institute
	Session V: Diagnostic Imaging, Sports Nutrition and Biochemistry	1986	Electromedical Modalities in Clinical Practice
	Session IV: The Lumbar Spine and Sports Involvement, Emergency Medical Procedures	1986	Scientific Training in Sports - L.I.F.E. Health and Fitness Center
	Session III: Manual Therapy and Peripheral Joints, Soft Tissue and Manipulation	1986	ACA Sports Injuries Council Seminar -Orlando, FL
	Session II: Comprehensive Rehabilitation	1985-86	Sports Injury Seminars - Spinal, TMJ, Extremity Adjusting - Dr. Mally
1992	ACA Sports Injuries Council Seminar- Lake BuenaVista, FL	1985	Garden State Sports Injury Symposium
1991	Diplomate Program in Chiropractic Sports Injury: Session I:Chiropractic Sports Medicine, Drugs& the Athlete, Steroids and Ergogenic Aids, Emergency	1985	Treatment of Athletic Injuries - NJCS
		1985	ACA Sports Injuries Council Seminar-Boston, MA
		1985	ACA Sports Injuries Council Seminar - San Diego, CA
		1985	Faulty and Painful Postural Conditions - Harmarville Rehabilitation Center - Florence Kendel
		1985	Certified Post Graduate Physical Therapy - NJCS (24 Hours)
		1984	Advanced Applied Kinesiology Seminar-Detroit, MI

- 1984 Biomechanic and Kinesiology in Sports - United States Olympic Committee - Colorado Springs, CO
- 1984 Communication and Personal Leadership
- 1984 "Dance as Sport" A Dance Medicine Symposium - Hamilton Hospital
- 1984 ACA Sports Injuries Council Seminar - Kansas City
- 1984 ACA Sports Injuries Council Seminar- Boston, MA
- 1983-84 Certified in Sports Therapy and Rehabilitation Seminar - Dr. LeRoy Perry
- 1983 Podiatric Sports Injury Seminar on Preventative, Rehabilitation & Strengthening of Foot/Ankle Injuries
- 1983 Certified in Sports Injury Rehabilitation and Exercise Seminar - Dr. Kim Christensen
- 1983 Temporomandibular Joint Dysfunction - Dr. Williams
- 1983 Evaluation of the Low Back Syndrome - Dr. Sigmund Miller
- 1981 Advanced Sacral Occipital Technique - Including Cranial Adjusting
- 1980 + Approximately 200 hours of Seminars on Applied Kinesiology in addition to Certification
- 1980 Electro Acupuncture According to Voll
- 1979 Certification in Applied Kinesiology (100 Hours)
- 1979 Personal Injury / Worker's Compensation - with F. LeeBailey
- 1978 Physical Therapy Post Graduate Course (120 hours)
- 1977 Activator Technique Seminar (Instrument used for adjusting the spine and extremities)
- 1977 Brockman Nutritional Seminar (Beginning and Intermediate)
- 1976 Sacro Occipital Technique Seminar (Advanced)

FICC = The Fellow designation is bestowed upon those whose contributions have made or who will make significant impact upon the science of chiropractic and to those who render valuable and meritorious service to the profession.

DACBSP = The Diplomate level course requires 3 years of sports injuries and prevention classes <sup>[9]</sup> and written and practical comprehensive exam. recipients receive the DACBSP degree, Diplomate of the American Chiropractic Board of Sports Physicians. <https://www.dynamicchiropractic.com/mpacms/dc/article.php?id=36241>